Safe cycling tips
When sharing the road with vehicles, it’s important to remember these safety tips:

- Always wear a helmet.
- Follow the same rules as motorists. Use signals and abide by posted signs.
- Stay out of blind spots at the sides and rear of a vehicle.
- Do not get between a right-turning vehicle and the curb.
- Pass vehicles only on the left.
- If you can’t see the driver’s eyes, then the driver can’t see you.
- At night, make yourself visible by using a headlight, taillight, reflectors, and light-coloured clothing so drivers can see you.

GO Transit may refuse access to cyclists due to unsafe conditions. GO Transit is not responsible for damages incurred or caused by or to bicycles, or for lost or stolen bicycles.

Bikes on GO Trains and at Union Station
You can also take your bike on our trains, but only during non-peak times. You may take a bicycle on any GO Train on a Saturday, Sunday, or statutory holiday. On weekdays, you may not take them on trains scheduled to arrive at Union Station between 6:30 and 9:30 a.m. or depart from Union Station between 3:30 and 6:30 p.m.

To find out which GO Bus routes are outfitted with bike racks, please visit gotransit.com.
Loading
Before the bus arrives, get your bike ready to load by removing any loose items that are not permanently attached, such as water bottles, saddle bags, or pumps. These items should be carried aboard the bus with you. You should flag down the approaching bus to let the driver know that you would like to board. Once the bus has come to a full stop, please tell the driver that you would like to use the bike track.

1. Hold your bike with one hand, squeeze the rack’s handle, and lower it until you feel it lock.

2. Lift your bicycle onto the rack, ensuring that both the front and rear tires are positioned in the wheel slots. A label will tell you where the front wheel should go.

3. After the bike is in position, rotate the wheel handle until the front wheel is secure in the wheel slot.

Unloading
As you get ready to leave the bus at your destination, please inform the driver that you will be unloading your bicycle from the track.

3. To unload, rotate the wheel handle until the front wheel is free.

2. Lift your bicycle from the rack.

1. If the rack is empty and no one is waiting to use it, fold the rack back up by squeezing the bar at the top until the pin is locked into place.

When your bike has been safely removed and you’ve reached the curb or shoulder, please signal to the driver that you are clear of the bus.