

GO Safely

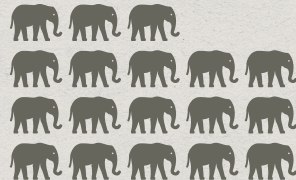


LOOK

Look both ways when you're at marked crossings.

Trains can come at any time, from any direction.

You wouldn't stand in front of 18 charging elephants, so why a train? They both weigh 130 tonnes!



Trains need time to stop.

They can take up to 2km to stop. That's the size of 32.8 NHL hockey rinks end-to-end.



LISTEN

Keep your ears open for the train whistle, because trains can travel as fast as a hockey slapshot, up to 160km/h.



Loud music can drown out the sound of the train whistle, making you miss warnings for approaching trains.

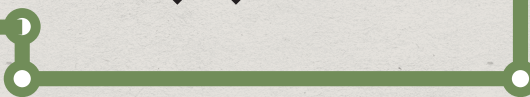


LIVE

Train tracks make bad short cuts. Use marked crossings only.



Trespassing and crossing tracks outside signed crossings is illegal. It's dangerous and you could be charged.



Don't cut or hop fences. They are there to protect you.



All helplines below are free, confidential and anonymous.

Mental Health Helpline
1-866-531-2600
mentalhealthhelpline.ca

Good 2 Talk
1-866-925-5454
good2talk.ca

Kids Help Phone
1-800-668-6868
kidshelpphone.ca

